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"Internet Dating: How to Get the Most out of Your Online Experience" Tamalpais Union High School District Adult & Community Education at Tamalpais High School, Mill Valley, California Course No. 360002-1867

2006, March 1 & 8

What Do We (i.e., Singles) Want?

- To Find...
 - A Partner, Friendship, Companionship
 - Love
 - The "Right One"
 - All the great "stuff" that goes along with these
- To Enjoy The Process
- To Feel Safe and Secure

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What Do We Want (Cont'd)?

- A. An introduction—naturally, the more people you meet the better your chance of meeting the person who's right for you;*
- B. A way to find the common ground you share with the people to whom you're introduced—you want to get to know them and you want them to get to know you;*
- C. The ability to smoothly and politely disengage from an interaction when you're ready, with no hurt feelings on either side.*

What Do We Not Want?

- To Feel...
 - Frustrated
 - Overwhelmed
 - Threatened
 - Like we wasted our time & money
 - Helpless
 - As though nothing counts

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What Is This Course?

- It is NOT...
 - A How-To manual for "picking up chicks," or for "reeling in a Sugar Daddy."
 - What's more, THERE ARE ABSOLUTELY NO GUARANTEES!
- Is IS...
 - A How-To Manual for improving your odds of meeting someone whose company you can enjoy, and who just may be the "Right One."

Remember, NOTHING VENTURED, NOTHING GAINED!

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What Do You Need In Order To Get Value From This Course?

- Desire, Determination, Self-Confidence, and Self-Honesty
 - You have to want this in a positive, affirmative way, and you must not be afraid to present yourself exactly as you are!

Stamina

 The tips given here are not intended for, nor will they work, over a short period of time.

Courage

 You must not be afraid to take a reasonable risk (see also: Stamina).

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What Else Do You Need?

- A dedication of time to sit and write a dynomite profile description of yourself
- A dedication of time to sit and read the profiles of other singles
- A minimum of one good photo of yourself (more is always better)
 - If you lack this, don't worry—we'll take care of the deficit here.
- An internet connection, and familiarity with using a web browser
- \$\$\$ to spend on membership*

Advantages of On-Line Dating

Concentration of Resources

 More people available to engage, less time required to engage them

Anonymity

You control when, where, and how you reveal details of any kind about yourself. You control if, when, and where you meet face-to-face.

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Disadvantages of On-Line Dating

Concentration of Resources

 More people to engage, less time available per person to engage them

Anonymity

- Anyone can claim to do or to be pretty much anything they wish, with no guarantee of truthfulness.
 - Recently, some singles web sites have considered requiring every member to take a pledge of honesty.
 We'll see...!

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So, Why Use On-Line Dating...?

• Gals:

 Concentration of Resources improves the odds, even though you still may have to KAFF (Kiss A Few Frogs).

Guys:

- Concentration of Resources improves the odds, even though you still may have to BN2AFB (Be Nice To A Few Bricks).

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So, Why Use On-Line Dating...?

- Everyone (Bottom Line):
 - Anonymity is a conservative tool.
 - Provided it is used correctly, it protects far better than it threatens.
 - As we'll discuss a bit later, a face-to-face meeting is your goal, but the anonymity shield is what gives you control over the process.

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Dating Horror Stories...

- Seems as though everyone has at least a few, some have a lot; no one has fewer horror stories than they have happy outcomes...ever wonder why...?
- It's because...

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Dating Horror Stories (Cont'd)...

- ...once they meet somebody nice, they stop, for a time at least, trying to meet other people, and therefore, they...STOP MEETING LOSERS!! (DUH!!)
- So, chances are, the number of people you meet who are not the "Right One" will vastly exceed the number who are...it's inevitable, unless you strike gold on the first bounce (which is not likely—simple odds).

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Headaches...

Women:

 Any woman who even remotely fits the ordinary, conventional definition of "attractive" and who posts a photo can expect to be deluged with messages.

Men:

 Women who get deluged quickly become frustrated and stop replying to all messages.
 As a "nice guy," you thereby get lost against the background noise, and you're left wondering why you get no replies.

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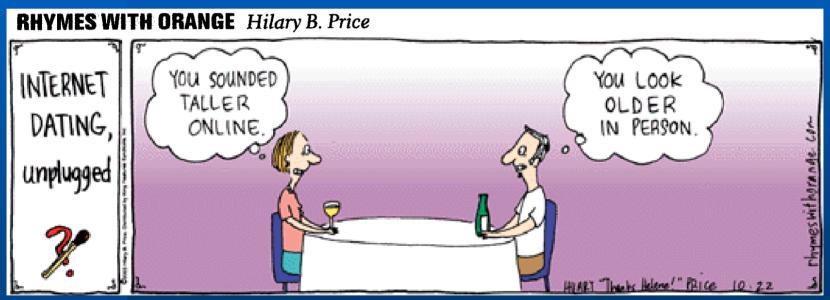
More Headaches...

- BE VERY WARY of solicitations to "...contact me at my regular email address, EyemaFakir@hotmail.com."
 - Spammers use online meeting places to harvest valid email addresses, which are the gold bouillon of their trade.
 - Anyone to whom you send a regular email automatically has your (return) email address. Viagra, anyone?

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The Single Biggest Complaint Is...

The gap between what the profile says...



Hilary Price's "Rhymes With Orange" cartoon, October 22, 2003

...and reality!

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So, Don't Expect Honesty... Require It!

- Make certain you understand this critical difference:
 - Not expecting honesty means: allowing yourself not to be disappointed when dishonesty arises—trust me, it will!
 - Requiring honesty means: allowing yourself to drop him-or-her like a hot potato at the first sign of dishonesty, with no regrets.

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THE Single Most Important Tool In Your Kit...

- Your INTUITION.
 - Your gut feeling. TRUST IT. It will speak to you, quietly, and with no uncertainty.
 - Ignore it, or evade it with "wishful" thinking, at your peril.
 - Example: "Oh, maybe if I give him the benefit of the doubt he'll quit smoking." (He WON'T!)

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Of Course, This Also Means...

 You MUST be as scrupulously honest concerning everything you present about yourself as is humanly possible. If you aren't, if you hide something, or misrepresent a facet of yourself or what it is you're looking for, then trust me, it will come out (usually, when it is absolutely the least convenient for it to do so...)!

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On The Other Hand...

By making it clear who and what you are, and what it is you seek, you create a natural filter that will automatically weed out people you wouldn't care to meet—this is your real goal in the on-line arena—not meeting people, but weeding them out!

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Is it "Fair" that you have to do this?

- No, in the sense that there are always going to be people who will attempt to benefit in some way by being dishonest, which increases your workload, and...
- Yes, very much so in the sense that in the long run, those who are dishonest won't enjoy the pleasure of getting to know you—THEY LOSE!

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So, Actually Meeting Someone...

- ...is what you aim to do with those who are left after you've weeded out the undesirables.
- There is (very nearly) nothing you will obtain through an on-line service that will tell you, "This is the 'Right One."
- What you can learn with reasonable certainty on-line is, "This is the 'Wrong One,'" and then...weed them out!

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Your On-Line Profile...

- ...is THE MOST EFFECTIVE tool you have to attract someone you'll be compatible with—this is where the leverage is.
- 80% to 90% of all profiles out there look and read exactly the same!
- It is worth it to you to spend the time and effort to compose an engaging and unique profile—this is what will make you stand out from the crowd (and it is a crowd!).

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Your On-Line Profile...

- By convention, contains as a bare minimum:
 - Two text sections...
 - A description of yourself
 - A description of what is is you're looking for in an introduction
 - Depending on the web site, these might actually comprise a single text area
 - At least one good photograph
 - Make it a "head shot," or upper torso picture clearly showing your face—and your smile!

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Your On-Line Profile...

- May contain (depending on the particular web site):
 - Detailed "check-list" information (smoker/non-smoker, etc.)—check "on" all that apply to you
 - Places to answer specific questions about interests, tastes, background, occupation, etc., etc., etc.—*USE THEM*!

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Profile Descriptions—You

- This is an opportunity to extol what it is that makes you unique and different from every other person in your singles category—don't waste it!
- Take time, put thought, and your passion into your self-description.
 - Tip: Add a "filter," buried down a ways—something that if a suitor happens to make a comment on will tell you they actually *read* your profile!
- Your profile is to on-line dating what a résumé is to a job hunt.*



Profile Descriptions—You (Cont'd)

- AVOID adjectives like the plague
 - "I'm thoughtful, sensuous, caring, helpful,...etc., etc., etc..." (Guess what—so is everybody else!)
- Try using more of a narrative form
 - "When I stand on Muir Beach at sunset, I get chills up and down my spine!"
 - "I cheer like mad when the Giants win a game."

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"Do's" and...

Do:

- USE A SPELL-CHECKER!
 - There (probably) won't be one on the singles web site, but if you have a word processor (MS Word, etc.), copy & paste your text into it (or use it to start with), then copy and paste the text back into the web site profile editing box after spell checking.
- Use your best grammar
 - If you have difficulty with this, get help!

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"Don'ts"

- Do NOT use pat, generic phrases:
 - "I love life, love to laugh, love the finer things in life...!"
 These tell the reader absolutely nothing about who and what you are—it's like saying "I enjoy breathing."
 - Use this yardstick: Ask yourself, "What would be the logical opposite?" ("I hate life, I hate to laugh...") If the opposite is clearly never going to be the case, don't use the direct phrase.
- Do NOT include information that someone could use to easily identify or communicate with you:
 - Email address, phone number, etc.
- Do NOT tell us what your "friends say about you..."
 - Who cares what they think? We're interested in deciding whether or not to date you, not them!

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"Don'ts" (Cont'd)

- Do NOT be negative:
 - "I'm on the rebound from a horrible marriage...."
 - "I'm only here because I hate bars...."
- Do NOT sound like you're hesitant, or unsure of yourself (even if you are):
 - "I never seem to meet the right kind of men...."
 - "I'm not too sure about this online thing, but maybe I'm desperate enough to give it a try...."

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On-Line Profile Helpful Hint...

- ...And this course's homework:
 Over the next week, spend a minimum of two hours reading profiles written by the competition...
 - Example: If you're a thirty-five year old man, read ALL the profiles written by thirty to fortyyear old men within a 30 mile radius of where you live.
- When you're done, you will know exactly what not to write!

The Importance of Photographs (Or, Who Would *You* Rather Date...?)



...or...





...or...



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Add More Photos...

Examples of excellent secondary photos...







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Profile Descriptions—Whom You Seek

- This is an opportunity to describe what you believe you want in a prospective partner.
- As with the self-description, take time, put some thought, and your passion into your description of who it is you seek.
- All the same "Do's" and "Don'ts" apply.

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Conducting The Chase...

- When you sign up on a singles web site, you agree in principle to make yourself available to respond to communication initiated by others.
- You should expect courtesy. And you should deliver courtesy, in all instances.
 - The exception to this is if you receive a rude or abusive communication to begin with. The best advice is to delete a rude note and ignore it, or report it to the web site service. They are usually quite aggressive about policing abusive behavior.
- You must be the judge.

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Conducting The Chase (Cont'd)...

- When you send someone a note, make it brief. Focus on the fact that you're interested...and you hope they are too!
- Tell them what it was that made you want to write to them.
 - Where the profile was your résumé, this is your cover letter.*
- Then...do not harbor ANY expectations! Remember—there is *nothing* about an online profile that guarantees its accuracy or truthfulness, or that its owner will reply!

Conducting The Chase (Cont'd)...

- On the flip side, if you get a note from someone you don't find appealing, do write back and say so...politely! (This is much better than just leaving them hanging, and thinking you're the rude one.) You will NOT hurt their feelings.
 - You can create a "boilerplate" text file, then cut and paste it into the web site reply window...

```
Dear <His-or-Her Handle>,
Thanks for your note. Unfortunately, I don't
think we're a match. But I wish you the best
of luck!
Sincerely,
--<Your Handle>
```

Most important... You will preserve your own integrity!

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Conducting The Chase - Chat Rooms

- Some singles web sites include a "live chat" feature, where multiple users can converse in real-time (usually split up into "rooms").
- Within this context, there may also be a "private chat" feature (similar to Windows Messenger or Yahoo IM).
- Chat rooms are great places to socialize, but individual rooms can (and do) develop unique "atmospheres"—some of them can be just a little bit abrasive* (people with delicate sensibilities... beware!).

Conducting The Chase - Searches

- All singles web sites have search features that allow you to identify a set of members who fit whatever criteria you like.
 - This is the place to make that big initial "cull"—toss out the vast bulk of the membership with whom you have little in common.
- No two of them function exactly the same way, so take some time to learn the specifics of how your site's search engine works.
 - The sites typically have tutorial pages to lead you by the hand through using this and other features.

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Tips & Tricks

- When viewing a profile, look to see how recently the person logged on, and how recently they updated their info (most singles sites show this).
 - If it's been a while since they logged on, it may mean they're dating someone and didn't close or hide their profile; or it may mean their information and photos are out of date (the services call this "dead wood").
- When viewing a list of search results, use the right-click context menu* to open the link to a given profile in a separate browser window.
 - This lets you close the profile when you're done and resume where you left off in the search results list without having to use the browser's [Back] button, which can be slow, depending on your connection.

2006, Mar. 1/8 *Macintosh users: Control-Click

Remember...

- What you ultimately want is to meet someone face-to-face. Why...?
- Because that's the only setting where you can truly get to know a person—claims to the contrary notwithstanding, you CANNOT do this on-line.

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Meeting Face-To-Face...

- Many experts advise going slow toward a face-to-face meeting.
 - Once you meet in person, you've dropped a portion of your anonymity shield.
- But in person, you can:
 - Read their body language
 - Hear the inflections in their voice
 - See if they actually look like that dynamite photo in their profile
 - USE YOUR INTUITION
- So do make your intuition your guide as to when and where you meet.
 - To play it safe, select a public place—Starbucks, a restaurant, etc.—any location where lots of people are about.

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So...

- Put in the time...
 - ...writing & posting your profile & photos,...
 - ...reading other profiles & sending notes,...
 - -...deciding amongst those you respond to, or who respond to you, who you wish to meet, and most of all...
- ENJOY YOURSELF!!

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Selected Singles Web Site Info

	Service	Pics	Es- says	Send				Reply				Monthly	Fee	Notes
				Tease	IM	Chat	Email	Tease	IM	Chat	Email	Fee	Plans	110100
	ch.com <u>.match.com</u>	26	2 (+7)	✓	✓M		✓M	✓	✓		✓M	\$19.95	Yes	
	erican Singles <u>Lamericansingles.com</u>	4	5	✓	✓	✓	✓M	✓	✓	✓	✓M	\$24.95	Yes	
	ch Doctor .matchdoctor.com	5	2 (+9)		✓	✓	✓		✓	✓	√	\$24.99 (3 Mo.)		Some popups
	chmaker.com <u>/matchmaker.com</u>	10	14		√	✓M	✓M		√	✓M	√	\$19.95	Yes	

✓ Feature is available ✓ M Feature is available to paying members only

NOTE: This list is neither complete nor guaranteed, & is subject to change by the named services at their sole discretion, without prior notice.

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Recommended Reading

FOR MORE REALLY GOOD INFO...

- "I Can't Believe I'm Buying This Book." A Commonsense Guide to Successful Internet Dating by Evan Marc Katz. © 2003 by Evan Marc Katz. Ten Speed Press. ISBN 1-58008-571-7.
- The Five Love Languages by Gary Chapman. © 1992, 1995 by Gary D. Chapman. Northfield Publishing. ISBN 1-881273-15-6.
- The Mastery of Love: A Practical Guide to the Art of Relationship by Don Miguel Ruiz. © 1999. Amber-Allen Publishing. ISBN 1878424424.
- Online Dating for Dummies by Judith Silverstein, MD, and Michael Lasky, JD. © 2004. Wiley Publishing. ISBN 0-7645-3815-2.

Please note that information sources abound. In 2004, January, an Amazon.com search with the subject words "internet dating" yielded 28 titles. A Google search using the same words yielded so many results, it was like trying to drink from a fire hose.

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